

**RAFFLES NURSERY  
LUNCH BOX MENU FOR THE MONTH OF DECEMBER 2018**

WEEK 1	MAIN COURSE	VEGETABLES	RICE/POTATO	DESSERT
SUNDAY 02.12.18	<h1 style="color: red;">47<sup>th</sup> UAE National Day</h1>			
MONDAY 03.12.18				
TUESDAY 04.12.18	Chicken Florentine	Sautéed Green Beans	Saffron Rice	Mango Pudding
WEDNESDAY 05.12.18	Shell Pasta with Diced Turkey in Alfredo Sauce	Assorted Grilled Vegetables		Rock Melon Cubes
THURSDAY 06.12.18	Chicken Manchurian	Sauté Sweet Corn and Green Peas	Steamed Rice	Orange Pudding

**RAFFLES NURSERY  
LUNCH BOX MENU FOR THE MONTH OF DECEMBER 2018**

<b>WEEK 2</b>	<b>MAIN COURSE</b>	<b>VEGETABLES</b>	<b>RICE/POTATO</b>	<b>DESSERT</b>
<b>SUNDAY</b> 09.12.18	Chicken Manchurian	Sautéed Mixed Pumpkin and Snow Peas	Champ Potato	Fruit Yoghurt
<b>MONDAY</b> 10.12.18	Beef Bourguignon	Sliced Carrots Ala Camille	Tomato Rice	Banana Cake
<b>TUESDAY</b> 11.12.18	Fish Baked with Parsley Sauce	Steamed Sweet Corn and Green Peas	Cilantro Lime Rice	Diced Pineapple
<b>WEDNESDAY</b> 12.12.18	Pasta Shells with Chicken	Mixed Roast Vegetables		Fruit Salad
<b>THURSDAY</b> 13.12.18	Chicken Dumplings	Boiled Carrots and Sweet Peas	Jasmine Rice	Rice Pudding

**RAFFLES NURSERY  
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<b>WEEK 3</b>	<b>MAIN COURSE</b>	<b>VEGETABLES</b>	<b>RICE/POTATO</b>	<b>DESSERT</b>
<b>SUNDAY 16.12.18</b>	Beef Mediterranean	Sauté Diced Zucchini and Carrots	Oriental Rice	Fruit Yoghurt
<b>MONDAY 17.12.18</b>	Chicken Steak with Dried Fig Sauce	Sautéed Green Beans	Lyonnais Potato	Banana Pudding
<b>TUESDAY 18.12.18</b>	Grilled Fish with Asparagus Sauce	Steamed Sweet Corn and Green Peas	Lemon Rice	Mixed Melon Cubes
<b>WEDNESDAY 19.12.18</b>	Bow Tie Pasta with Sundried Tomato and Turkey	Assorted Grilled Vegetable		Carrot Cake
<b>THURSDAY 20.12.18</b>	Chicken Salona Local Style	Steamed Coin Carrots and Marrows	Jasmine Rice	Fruit Trifle with Custard

RAFFLES NURSERY  
LUNCH BOX MENU FOR THE MONTH OF DECEMBER 2018

WEEK 4	MAIN COURSE	VEGETABLES	RICE/POTATO	DESSERT
SUNDAY 23.12.18	<h1 style="color: red; margin: 0;">WINTER BREAK 2018</h1>			
MONDAY 24.12.18				
TUESDAY 25.12.18				
WEDNESDAY 26.12.18				
THURSDAY 27.12.18				

DAY	WEEK 1 02-06.12.18	WEEK 2 09-13.12.18	WEEK 3 16-20.12.18	WEEK 4 23-27.12.18	WEEK 5 30-31.12.18
SUNDAY	<b>47th UAE National Day</b>	Vegetable Manchurian Sautéed Mixed Pumpkin and Snow Peas Champ Potato Fruit Yoghurt	Navrata Korma Sauté Diced Zucchini and Carrots Oriental Rice Fruit Yoghurt	<b>WINTER BREAK 2018</b>	
MONDAY		Vegetable Makhnwala Sliced Carrots Ala Camille Tomato Rice Banana Cake	Vegetable Fajitas with Tofu Sautéed Green Beans Lyonnais Potato Banana Pudding		
TUESDAY	Vegetable Greek Style Sautéed Green Beans Saffron Rice Mango Pudding	Grandmas Vegetable Casserole Steamed Sweet Corn and Green Peas Cilantro Lime Rice Diced Pineapple	Vegetable Greek Style Steamed Sweet Corn and Green Peas Lemon Rice Mixed Melon Cubes		
WEDNESDAY	Shell Pasta with Vegetable in Alfredo Sauce Assorted Grilled Vegetable Rock Melon Cubes	Shell Pasta with Vegetables Mixed Roast Vegetables Fruit Salad	Bow Tie Pasta with Sundried Tomato Assorted Grilled Vegetable Carrot Cake		
THURSDAY	Vegetable Ala King Sauté Sweet Corn and Green Peas Steamed Rice Orange Pudding	Vegetable Dumplings Boiled Carrots and Sweet Peas Jasmine Rice Rice Pudding	Chinese Vegetable Stir Fry Steamed Coin Carrots and Marrows Jasmine Rice Fruit Trifle with Custard		

RAFFLES INTERNATIONAL SCHOOL FS2 & YEAR 1, YEAR 2 & 3  
LUNCH BOX MENU FOR THE MONTH OF DECEMBER 2018

WEEK 1	HOT MEAL NON-VEGETARIAN	HOT MEAL VEGETARIAN	COLD MEAL NON-VEGETARIAN	COLD MEAL VEGETARIAN	DESSERT
SUNDAY 02.12.18	<h1 style="color: red;">47<sup>th</sup> UAE National Day</h1>				
MONDAY 03.12.18					
TUESDAY 04.12.18	Chicken Florentine Sautéed Green Beans Saffron Rice	Vegetable Greek Style Sautéed Green Beans Saffron Rice	Beef Salad with Grilled Pepper and Mushroom	Fattoush Salad	Mango Pudding
WEDNESDAY 05.12.18	Shell Pasta with Diced Turkey in Alfredo Sauce Assorted Grilled Vegetables	Shell Pasta with Vegetable in Alfredo Sauce Assorted Grilled Vegetable	Roasted Chicken with Guacamole in Baguette	Mango Paneer Sandwich	Rock Melon Cubes
THURSDAY 06.12.18	Chicken Manchurian Sauté Sweet Corn and Green Peas Steamed Rice	Vegetable Ala King Sauté Sweet Corn and Green Peas Steamed Rice	Turkey Sandwich in Ciabatta Bread	Four Beans Salad	Orange Pudding

**RAFFLES INTERNATIONAL SCHOOL FS2 & YEAR 1, YEAR 2 & 3  
LUNCH BOX MENU FOR THE MONTH OF DECEMBER 2018**

<b>WEEK 2</b>	<b>HOT MEAL NON-VEGETARIAN</b>	<b>HOT MEAL VEGETARIAN</b>	<b>COLD MEAL NON-VEGETARIAN</b>	<b>COLD MEAL VEGETARIAN</b>	<b>DESSERT</b>
<b>SUNDAY 09.12.18</b>	Chicken Manchurian Sautéed Mixed Pumpkin and Snow Peas Champ Potato	Vegetable Manchurian Sautéed Mixed Pumpkin and Snow Peas Champ Potato	Beef Fajitas in Tortilla Roll	Vegetable Fajitas	Fruit Yoghurt
<b>MONDAY 10.12.18</b>	Beef Bourguignon Sliced Carrots Ala Camille Tomato Rice	Vegetable Makhanwala Sliced Carrots Ala Camille Tomato Rice	Omelette in Tortilla Bread	Rocca & Sweet Corn Salad	Banana Cake
<b>TUESDAY 11.12.18</b>	Fish Baked with Parsley Sauce Steamed Sweet Corn and Green Peas Cilantro Lime Rice	Grandmas Vegetable Casserole Steamed Sweet Corn and Green Peas Cilantro Lime Rice	Chicken Panini Sandwich	Vegetable Panini Sandwich in Whole Wheat Roll	Diced Pineapple
<b>WEDNESDAY 12.12.18</b>	Pasta Shells with Chicken Mixed Roast Vegetables	Shell Pasta with Vegetables Mixed Roast Vegetables	Tuna Sandwich in Multi cereal Bread	Vegetable Tikka Sandwich	Fruit Salad
<b>THURSDAY 13.12.18</b>	Chicken Dumplings Boiled Carrots and Sweet Peas Jasmine Rice	Vegetable Dumplings Boiled Carrots and Sweet Peas Jasmine Rice	Oriental Chicken Salad	Lentil Salad	Rice Pudding

RAFFLES INTERNATIONAL SCHOOL FS2 & YEAR 1, YEAR 2 & 3  
LUNCH BOX MENU FOR THE MONTH OF DECEMBER 2018

WEEK 3	HOT MEAL NON-VEGETARIAN	HOT MEAL VEGETARIAN	COLD MEAL NON-VEGETARIAN	COLD MEAL VEGETARIAN	DESSERT
SUNDAY 16.12.18	<h1 style="color: red;">WINTER BREAK 2018</h1>				
MONDAY 17.12.18					
TUESDAY 18.12.18					
WEDNESDAY 19.12.18					
THURSDAY 20.12.18					

RAFFLES INTERNATIONAL SCHOOL FS2 & YEAR 1, YEAR 2 & 3  
LUNCH BOX MENU FOR THE MONTH OF DECEMBER 2018

WEEK 4	HOT MEAL NON-VEGETARIAN	HOT MEAL VEGETARIAN	COLD MEAL NON-VEGETARIAN	COLD MEAL VEGETARIAN	DESSERT
SUNDAY 23.12.18	<h1 style="color: red; margin: 0;">WINTER BREAK 2018</h1>				
MONDAY 24.12.18					
TUESDAY 25.12.18					
WEDNESDAY 26.12.18					
THURSDAY 27.12.18					

RAFFLES INTERNATIONAL SCHOOL FS2 & YEAR 1, YEAR 2 & 3  
LUNCH BOX MENU FOR THE MONTH OF DECEMBER 2018

WEEK 5	HOT MEAL NON-VEGETARIAN	HOT MEAL VEGETARIAN	COLD MEAL NON-VEGETARIAN	COLD MEAL VEGETARIAN	DESSERT
SUNDAY 30.12.18	<b>WINTER BREAK 2018</b>				
MONDAY 31.12.18					

## LUNCH MENU FOR THE MONTH OF DECEMBER 2018

Week 1	Soup	Grilled	Vegetarian	Pasta	Lamb / Beef	Chicken	Fish / Seafood	Potato	Rice
Sun 02.12.18	<h1 style="color: red;">47<sup>th</sup> UAE National Day</h1>								
Mon 03.12.18									
Tue 04.12.18	Mediterranean Tomato Soup	<u>Tuesday's Chinese Noodles</u>	Steamed Vegetables Beans and Red Pumpkin Curry Vegetable Greek Style	Homemade Macaroni Pasta with Chicken and Vegetables	Stir Fry Beef with Broccoli	Chicken Kabsa	Californian Fish Stew	Anna Potato	White Rice
Wed 05.12.18	Lentil and Spinach Soup	Grilled Chicken with Cardinal Sauce	Grilled Vegetables Aloo Karela Vegetable Ratatouille	Shell Pasta with Turkey and Napolitana Sauce	Lamb and Vegetable Stew		Cajun Fish with Tomato Salsa	Broccoli Potato	White Rice Lemon Rice
Thu 06.12.18	Barley and Vegetable Soup	<u>Thursday's Pizza Day</u>	Steamed Vegetables Aloo Mint Tikki Baked Italian Vegetable	Pasta Milanese	Hungarian Beef Goulash	Chicken Biryani (Boneless)	Jamaican Brown Fish Stew	Coriander Roast Potato	White Rice

## LUNCH MENU FOR THE MONTH OF DECEMBER 2018

Week 2	Soup	Grilled	Vegetarian	Pasta	Lamb / Beef	Chicken	Fish / Seafood	Potato	Rice
Sun 09.12.18	Cream of Pea Soup		Steamed Vegetables	Lasagna Al Forno	Lamb Mansaf	Chicken Do Piazza	Baked Fish with Parsley Sauce	Lemon and Parsley Potato	White Rice
			Eggplant and Potato Curry						
			American Chopsuey						
Mon 10.12.18	Macaroni Chicken Soup	Grilled Steak with Barbeque Sauce	Grilled Vegetables	Bowtie Pasta with Sundried Tomato and Turkey	<u>Monday's Create your Own Pasta</u>	Chicken Cacciatore	Kung Pao Fish Fillet	Harra Potato	White Rice
			Cauliflower Tomato Masala						Mushroom Rice
			Vegetable Ravioli						
Tue 11.12.18	Heart Italian Soup	Roasted Turkey with Cranberry Sauce	Steamed Vegetables	Pasta Shell with Grilled Chicken	Chinese Pepper Steak	<u>Tuesday's Chinese Noodles</u>	Fish Tikka Biryani	Champ Potato	White Rice
			Kaddu Channa						
			Carrot and Peas Salona						
Wed 12.12.18	Tomato Rasam Soup	Grilled Fish with Creole Sauce	Grilled Vegetables	Sicilian Pasta	Chili Con Carne	Chicken Machboos		Parsley Potato	White Rice
			Aloo Gobi Masala						
			Spring Vegetable with Eggplant Cacciatore						
Thu 13.12.18	Celery and Fuji Apple Soup	<u>Thursday's Pizza Day</u>	Steamed Vegetables	Mini Penne Pasta Bolognese	Healthy Beef Casserole	Chicken Tikka Biryani (Boneless)	Arabic Style Fish Kebab	Balsamic Roast Potato Wedges	White Rice
			Chole Palak						
			Vegetable Moussaka						

LUNCH MENU FOR THE MONTH OF DECEMBER 2018

Week 3	Soup	Grilled	Vegetarian	Pasta	Lamb / Beef	Chicken	Fish / Seafood	Potato	Rice
Sun 16.12.18	<h1 style="color: red; margin: 0;">WINTER BREAK 2018</h1>								
Mon 17.12.18									
Tue 18.12.18									
Wed 19.12.18									
Thu 20.12.18									

LUNCH MENU FOR THE MONTH OF DECEMBER 2018

Week 4	Soup	Grilled	Vegetarian	Pasta	Lamb / Beef	Chicken	Fish / Seafood	Potato	Rice
Sun 23.12.18	<h1 style="color: red; margin: 0;">WINTER BREAK 2018</h1>								
Mon 24.12.18									
Tue 25.12.18									
Wed 26.12.18									
Thu 27.12.18									